The Bishopdale Bulletin

Autumn 2020 · Issue 2

Permanent blue skies

If you've visited the south end of Bishopdale Village over last few weeks you will have seen a new landscape appear on the bare wall of the New Zealand School of Business.

The vista shows a bright blue sky, white fluffy clouds and fields of yellow sunflowers, populated with bees and birds in flight. One of the birds, a kea with outstretched wings, is large enough to be used as a backdrop by people who want to take a "winged" selfie of themselves.

Jake Clark is the artist who was commissioned by the Bishopdale Beautification Project Group to design and paint a mural for the recently created village green. Despite having painted murals for ten years, Jake says that the



Jake Clark, in front of his outline for the kea

Bishopdale mural is the biggest he has ever done, approximately twice the size of his previous largest work at Belfast Swimming Pool.

Jake enjoys painting portraits and landscapes so it didn't take him too long to come up with the design for the mural. The wide blue sky will be a perfect backdrop for the five panels that will feature artwork from local schools, and a sloping horizon created enough room for the birds and bees. The reaction to the mural so far has been very positive, even when it was no more than a series of outlines and blocks of colour.

Further recent additions to the green have included two eight-person picnic tables, which were made by the Bishopdale MenzShed and bought using money kindly donated by the Papanui Beautifying Association, and three brightly coloured wooden cubes, made by Lindsay Dell, which can be used as moveable seating.

Lilliput lending

The recently completed Lilliput Library, located at 37 Colesbury Street, off Cotswold Avenue, is a standalone book exchange maintained by its guardian, Cotswold Preschool & Nursery.

The library came about when children and teachers

decided to share their love of books with the

community, and make books accessible to all.

The library is available for the whole community to use and the books are free for anyone to take away. You don't have to become a member of Lilliput Libraries, and you don't need



to return the books. However library users are encouraged to take a book now, and return or donate one later.

The library contains a wide range of books: children, teen and adult, fiction and non fiction. The preschool endeavours to keep the books fresh and varied, and welcomes book donations from the community.

Many people were involved in the creation of the library: the Bishopdale MenzShed built it, Ian Smyth created the sign, the perspex was donated by Jason Roberts from Cebelio, and the parents of children at the preschool and nursery painted it.

Feedback from parents and passers-by has been very positive. Children love the brightly coloured tiger paint work, which was chosen because tiger stripes are featured in a lot of books - The Jungle Book, Life of Pi, and The Tiger Who Came For Tea to name a few.

More information on Lilliput Libraries and their locations can be found at lilliputlibraries.wordpress.com



Let's catch up with...

David Conroy, President of the Rotary Club of Bishopdale Burnside



Are you a native Cantabrian?

No, I was born in Croydon, South London, UK in October 1944.

How long have you been in NZ?

I emigrated to NZ in December 2013 to join an 'old flame' from the sixties. I found Hazel on the genealogy website ancestry.co.uk. She had come over to NZ with her family in 1974. She and I had both been widowed and we married at St James' Church on Harewood Road in October 2014 (on my last day of being 69).

What do you miss from UK?

I love New Zealand and hope soon to become a citizen. But I miss the BBC, Waitrose, Marks & Spencer – and my West Highland Terrier (who found a super new home).

What exactly is Rotary?

Rotary is a worldwide association of business and professional men and women which started in Chicago in 1905. Its aim is to promote high ethical standards and each club supports both its local community and further afield. Bishopdale-Burnside likes to mainly support the Pacific region but has funded other projects worldwide. Nowadays the membership rules are more relaxed so anyone who wants to serve their community is able to join. New members are always welcome.

When was the Rotary Club of Bishopdale Burnside formed?

It was formed on 8th May 1974, nearly 46 years ago.

How long have you been a member of the Rotary Club of Bishopdale Burnside?

Since 2014. The strength of Rotary is the ability to transfer to any club in any continent. As my career in pharmacy moved me around UK I enjoyed four clubs. When I arrived in NZ I checked out a few clubs and settled with Bishopdale-Burnside.

What does the Bishopdale Burnside Club do?

Firstly, we enjoy fellowship with a weekly meal and speaker. We have a few fund-raising activities, in particular our highly successful BOOKarama each April. We run a bi-annual art show, Artarama, usually for a specific charity. Our most recent show raised \$20,000 for Nurse Maude Hospice. We have a very active youth committee which runs an annual primary school speaking contest.

Can you tell us about a few projects that you've supported recently?

We have obtained a Rotary Scholarship which enabled a local graduate to study for a year at Oxford University, UK. We have rescued a dozen or so wheelchairs and sent them to Tonga and Fiji. We have funded medical equipment in Fiji and maintenance equipment to Tonga. We have funded local students at an Auckland science convention.

You've held the BOOKarama sale at the YMCA Bishopdale for the last couple of years. How did that come about?

BOOKarama has been running for 14 years and was an idea gleaned from Ashburton Rotary. Its success has grown exponentially. Not only is it our major fundraiser but it is also a fantastic recycling project. Kiwis are brilliant because they still read real books. Many keen readers come to buy their whole year's reading material; likewise many avid jigsaw puzzlers. We pride ourselves on the quality we present and it's all down to the generosity of the Christchurch public. The next BOOKarama will take place on Friday 17 - Sunday 19 April at YMCA Bishopdale.

What does running ARTarama involve?

This was set up by our late member Chris Turland, and was initially aimed at supporting local amateur artists. We charge a small fee for hanging space and take a cut of all sales.

What do you most enjoy about being a member of Rotary?

Rotary is first and foremost about fellowship and a desire to give back to one's community. Whenever I've moved jobs (and now hemispheres) I have known that a new bunch of friends awaits me along with a 'shoehorn' into my new community. Hundreds of speakers over my 42 years in Rotary have broadened my outlook and knowledge immensely.

What did you do before you retired?

I qualified in Pharmacy in 1967 at Chelsea, London and joined Boots the Chemists for whom I managed pharmacies for 23 years. I then worked for several smaller pharmacy chains and eventually did locum work and a bit of NHS politics. I retired in 2009 when my first wife died.

How can the Rotary Club of Bishopdale Burnside be contacted?

It's probably best to go through our website at www.bishopdale-burnside-rotary.com.

Secondhand heaven

A recent addition to the retail scene in Bishopdale is My Favourite Things, a shop that aims to encourage sustainable shopping and has consideration of the environment at the heart of everything it does.

The shop sells quality second hand women's clothes and is set up to make buying them both easy and enjoyable. All the clothes for sale have been washed, ironed and are classified by size. They are donated to the shop by customers, who receive a \$25.00 store credit for every two bags of quality clothes that they bring into the shop.



Shop owner Mary Axcell says, "The clothing industry produces 10 per cent of global carbon emissions and is the second biggest user of water. Without being heavy handed, we want to encourage people to consider buying secondhand. We're not saying that people can't enjoy new clothes but could perhaps consider making every other clothing purchase a used item."

In addition to clothes the shop sells reusable coffee cups and new gifts, as well as second hand jewelry and books. Bees wax wraps, candles and some of the greeting cards that are for sale are hand made by Mary herself.

"I sometimes say that the world could be changed by three things: if people wanted less, wasted less, and were kind to one another."

The shop is owned by Mary but the running of it is a real family affair. Mary staffs the shop three days a week as does her sister Gabrielle Knipe. Mary's daughter and mother are also onboard and come in weekly to look after the shop.

First opened at Trafford Street in Harewood three years ago, the shop has been in its current spot in Bishopdale, next to Vivo Café, for nine months.

Mary loves being in Bishopdale and has lived in area for eight years. She says it's a great wee community and people coming into her shop sometimes comment that they never knew how cool the area was! Before running the shop, she owned a cleaning company that helped women get back into the workforce.

As microfibers from synthetic materials are a significant pollutant of the world's oceans, Mary is also keen for people to consider creating and buying clothes made out of natural materials. The shop stocks 100% pure wool and cotton yarn from local Belfast-based brand Crucci. While most of the wool is manufactured in China, due to the closure of New Zealand mills, from April the shop is hoping to stock Crucci wool that has actually been produced here in New Zealand.

Mary loves teaching and has set up a Thursday evening group, where people can come into the shop and learn how to knit and crochet for free. Anyone interested in this can get in touch on 022 081 1001.

She says that many people like to knit but don't because they don't have anyone to knit for. She is happy to link people to various charities, like the hospital Neonatal Unit and the City Mission, that have a need for knitted items.

You can find My Favourite Things at Shop 2, Parkside Plaza and on Facebook at @myfavouritethingsNZ. Open hours are Monday – Friday, 10am-5pm with a late closing on Thursdays at 7pm; Saturday and Sunday, 10am-3pm.

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The online guide to Bishopdale

CHILDREN and YOUNG PEOPLE

4th Christchurch Boys Brigade Company meets Thursday nights, 6-18 years from 5.00pm-9.00pm. Phone Phil Mardon on 03 359 0149 at St Margaret's Church office.

Babytimes/Wā Pēpi: Rhymes, movement and music. Korero pukapuka, puoru, korikori. Fridays 10.30am -11.00am during term time for under 2 year olds. Ōrauwhata: Bishopdale Library and Community Centre.

Bishopdale Cranmer St John Youth Division: Meets at St Paul's Church Meeting Room, 1 Harewood Road on Wednesday evenings from 13 Feb. Penguins 6-8yrs 5.30pm-6.30pm; Green Cadets 8-10yrs 6.30pm-8.00pm; Blue Cadets 11-12yrs 6.30pm-8.00pm; Gold Cadets 13-18yrs 6.30pm-9.00pm. We have a variety of activities including first aid, interest badges, camps, fun nights and leadership training. For enquiries please phone 027 332 3660.

Girls Brigade meets Tuesdays 5.30pm-7.00pm for girls aged 5-16 years at St Margaret's Hub, 94 Farrington Ave. Phone Fiona on 03 359 0149.

Jumpstart: A free fun programme offered to children ages 6 to 11. Held fortnightly on Fridays during school terms at 392 Wairakei Road. Includes games, lessons, crafts, snacks and more games. Ring 03 359 9247 for more info.

Playgroup: A chance for Mums to chat while children experience a safe and fun environment with age appropriate activities. Morning tea provided. Gold coin donation per family for each session. Fridays at 10.00am-11.30am during school terms in Youth Hall, 392 Wairakei Rd.

St. Margaret's Preschool Support Group aka Billy's Little

Boppers: We meet on Tuesdays at Isleworth School Hall at 10:00am. The program starts with morning tea and a play group for the kids followed by a more structured music programme with props designed to be lots of fun. We aim to finish by 11.15am. We ask for a gold coin donation. Contact the



church office on 03 359 0149 or Maree on 027 359 3559.

Storytimes/Wā Kōrero: Stories, movement and music. Korero pukapuka, puoru, korikori. Wednesdays 10.30am - 11.00am during term tme for over 2 year olds and over. Ōrauwhata: Bishopdale Library and Community Centre.

YMCA Activities: afterschool programs for basketball, miniball, gymnastics, and hip hop dancing. Gymnastics program for pre-schoolers. Ring YMCA Bishopdale on 03 359 8320 or visit www.ymcachch.org.nz/children/recreation/bishopdale/

CRAFTS and WOODWORK

Bishopdale MenzShed meets Tuesdays and Thursdays at 1.30pm at the old Kendal Ave Scout Den at 55A Kendal Avenue. MenzShed brings men together in a space to share skills, have a laugh and work on practical tasks, either individually on personal projects or as a group for the Shed or wider community. Contact Richard Rendle on 03 359 7275 or rendle@xtra.co.nz.

Bishopdale Spinning Group: Learn the art of spinning and knitting. 1st and 3rd Friday of each month. 10.00am-1.00pm at Meeting Room 1, Ōrauwhata: Bishopdale Community Centre. \$4 per visit. Contact Jess for more information on 027 202 2038.







BISHOPDALE NEW WORLD SUPERMARKET

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Corner Farrington Ave and Harewood Road

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Scan code to email













Volunteer! Do you have green fingers? Are you a whizz at weeding? Sundbye House is looking for volunteers who are keen to keep its garden looking fresh. If interested, please get in touch with us on 03 359 1741 or bctoffice@xtra.co.nz.

Cotswold Preschool & Nursery

Spaces available in both our nursery and preschool. Drop by for a visit anytime. Our opening hours are weekdays 8:30am - 3:30pm, including school holidays. We are now offering 24 FREE HOURS to our 3-4 year olds.

JUST \$22 FOR FOUR DAYS

37 Colesbury Street, Bishopdale, just off Cotswold Avenue, plenty of safe off street parking

Phone: 03 359 7675

www.cotswoldpreschool.co.nz

Card Making Club: a weekly club for keen greetings card makers wanting to meet others with similar interests to share ideas and techniques. Basic equipment required. New members are always welcome. Cost \$4 per week. Mondays at 1.00pm-2.30pm term time at Sundbye House, 100 Farrington Ave. Phone 359 1741 for more information.

Craft, Crochet & Knitters Group: bring your own craftwork and have some good laughs. A friendly, informal group with a helpful tutor. Gold coin donation. Wednesdays, 1.00pm-3.00pm at Bishopdale Community Trust, 100 Farrington Ave. Phone 03 359 1741.

Kiwi Coffin Club is open every Friday from 1.00pm-4.30pm at the Menzshed, 55A Kendal Ave. Come along and chat over a coffee.

Knit 'n' Yarn: Tuesdays 1.00pm-3.00pm. Bring along your current craft project and enjoy a social crafting time with others. Ōrauwhata: Bishopdale Library.

FITNESS, DANCE and MOVEMENT

Bishopdale Badminton Club: Fun, social badminton for men and women over 40. The club meets Tuesdays at 1.00-3.00pm at the Bishopdale YMCA and costs \$6 per session. For more information contact Jackie on 03 343 4645, 022 072 1656 or Jackie.derose30@gmail.com.

Bishopdale Table Tennis Club: social table tennis for adults every Wednesday and Friday at 10:00am-12.00pm at Bishopdale YMCA. \$5 per session, no joining fee, no subs. Phone Jean on 022 160 4421. Look forward to seeing you!

Bishopdale Tennis Club: 35 Leacroft Street. Contact Senior Club Captain Andrew Stanton and Junior Administrator Andrea Stanton on 03 359 1605. All are welcome, very reasonable subs, large junior section, and a friendly club. New members, come along and try out our great facilities. Resident Coach – Gareth Robb.

Bowls Papanui: friendly, local club offers 50% off for new members, special rates for students, free shirt, excellent facilities and a coaching and buddy system. Come and try out the sport for all ages! Newcomers are most welcome. Contact Bev Baxter on 03 359 6017, Barry Holland on 03 352 6158 or visit bowlspapanui.co.nz for more information.

Chans Martial Arts: teaches both kung fu and tai chi on Monday and Wednesday evenings at New Apostolic Church, 352 Wairakei Road. Kung fu: 6pm - 7:15pm; tai chi: 7:30pm - 8:30pm. Contact Nick Haslett (kung fu) on 027 406 0337 or Manle Chan (tai chi) on 021 027 59028 or visit chansmartialarts.com for more information.

Delta Rhythmic Gymnastic Club: if your daughter is interested in dance and gymnastics, this could be the sport for her. We have beginners recreational classes most days for girls 5 to 10 years. To learn more about our club see our Facebook page - Delta Rhythmic Gymnastic Club Inc. or phone 03 354 5552.

SevaLight Hatha Yoga Classes: Thursdays, 6.30-8.00pm. Get fit while bringing peace, balance and upliftment to your whole being. Beginner's welcome. SevaLight Retreat Centre for Self-Realization, Pure Meditation Healing and Counselling, 100 Highsted Road. Phone 03 359 8507 or visit www.sevalightretreatcentre.nz.

Indoor Bowls takes place March - September every Wednesday at 7.30pm at Christchurch North Methodist Church, 68 Harewood Road. New players are most welcome. For more information ring Lester on 03 323 8184.



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LEARN COMPUTING FOR FREE

Ara Bishopdale, located in Bishopdale Mall, runs *Computing For Free*, a self-paced learning programme for anyone who wants to gain formal computer skills for employment, or learn the basics of computing and Microsoft software.

Timetables are very flexible and you can choose which sessions you attend. For more information ring 0800 24 24 76 or visit ara.ac.nz.



Nia Dance & Fitness: Nia Dance & Fitness: Feel lighter, happier, and more energised as you move to music with a blend of movements from martial arts, dance and yoga. Nia classes encourage you to move freely and are suitable for all ages and fitness levels. Three classes each week at the St Albans Uniting Church. For more information contact Stephanie on 027 416 8283 or steph@stephaniedemay.com or visit www.PlensoryMovement.com.

North West Hikers: Join a group of fun loving adults on a variety of Wednesday day walks in and around Christchurch. On the way home, the group always likes to visit their favourite cafes for coffee. NEW MEMBERS ARE VERY WELCOME. For a detailed account of the club, programmes and photos, visit www.northwesthikers.co.nz or phone Maureen on 03 352 5473 or 021 141 6260.

Papanui Walking Group Join us on a gentle 30 minute walk and exercise programme. Meet new people and feel great! Wednesdays, term-time, 1.15pm. Walks leave from St James Park entrance, opposite Dalriada Street. Phone 03 941 8999 for more information.

Scottish Country Dancing: Starts Thursday 7 March. Come to the Burnside Scottish Country Dance Club for fun, friendship and fitness. Thursday, 8.00pm-10.00pm at Isleworth School Hall, Farrington Avenue, Bishopdale. Experience is not needed, wear some soft soled shoes and come and join us. Contact 03 327 0193 for further info.

SevaLight Retreat Centre for Self-Realization, Pure Meditation Healing & Counselling: offering weekly Yoga classes, Pure Meditation teaching and open Pure Meditation Evenings, Healing, Counselling, Retreats, and much more... 100 Highsted Road. Phone 03 359 8507 or visit www.sevalightretreatcentre.nz.

Tai Chi Classes: Thursdays 1.30 - 2.30pm at Bishopdale YMCA. Enhance your physical and mental wellbeing with slow gentle effective movement. Experienced instructor. All welcome. Enquiries to Gai on 027 827 2791.

Wednesday Wanderers Walking Group meet at 10:30am Wednesday at Bishopdale Community Trust, 100 Farrington Ave. A very friendly group, all abilities are welcome. Walks are 30 minutes around Bishopdale. Phone 03 359 1741.

Women's Social Walking Group meet at Sundbye House, 100 Farringrton Avenue at 10:00am on Tuesdays. After the walk, the group heads back for a coffee or tea at Bishopdale Community Trust. Please wear appropriate clothing for the weather. Please phone Chris on 03 359 1741 for more info.

Zumba with Missy: Newbies are welcome. Monday 9:30am at Ōrauwhata: Bishopdale Community Centre, Tuesday 6:30pm at Wairakei School, Wednesday 9:30am at Bishopdale Seventh Day Adventist Church, and Saturday 10.00am at Mairehau High School. New class - Strong by Zumba - on Tuesday 9:30am at Bishopdale Seventh Day Adventist Church. Cost: \$8.00 per visit / concession card available. For further information call Missy on 021 194 6413 or visit https://misato123.zumba.com. For free trial text 021 194 6413.

FOOD and SOCIAL

Christchurch Widow and Widowers Social Group

The group welcomes new members aged late 50s and up for outings, friendship, movies, walks, dinners, etc. We meet once a month. Please phone Claire on 03 354 3976 or Carol on 03 981 4125 for more information.

Coffee and Friendship Group at Bishopdale Community Trust, 100 Farrington Ave. Come along and enjoy morning tea with others. We'd love to see you! Mondays 10:30am-11:30am. Gold coin donation.

Community Lunch at Bishopdale Community Trust.
Delicious soup, toast and good company! All welcome,
Thursdays from 11:30am at Bishopdale Community Trust,
100 Farrington Ave. Gold coin donation.

SEATED GAMES

500 Card Playing Group: Wednesdays at 1.00-3.00pm. Beginners welcome. \$2 per session. Bishopdale Community Trust, 100 Farrington Ave. Phone 03 359 1741 for more information.

Bishopdale Bridge Club: Wednesday Bridge, 11.00am-2.30pm at Ōrauwhata: Bishopdale Community Centre. Table fees \$5.00. Enquiries Janet Stokes 03 352 1440.

Bolivia Card Game Club: New club at Bishopdale Library. Held every Thursday 1pm -3pm. Come along and try it out. Tuition Cards and Holders provided. Contact Chris on 027 549 3828 or Genny on 021 607 821 for more info.

Book and Jigsaw Library: Bishopdale Community Trust, 100 Farrington Avenue. Open Monday to Thursday, 10.00am -3.00pm.

Jigsaw Puzzle Library: Saturdays 10.30am-12.00pm. Reese Room, Papanui Methodist Church, Chapel St. New members welcome.

Rummikub Club: Come along and enjoy a friendly game of Rummikub in the library. Some games are provided but you're welcome to bring your own. No need to book, just turn up and play! Mondays 1.00pm-3.00pm. Ōrauwhata: Bishopdale Library.

Scrabble Club: A friendly game of scrabble in the library. Wednesdays 1.00pm-3.00pm. Ōrauwhata: Bishopdale Library.

Scrabble Group: Come along and play scrabble with a



Northwest Branch: Term 1 talks

Fridays 10.00am - 11.30am. Talks begin at 10.30am. \$4 per session. Morning tea included.

Chapel Street Hall, corner Chapel St and Harewood Rd.

21 Feb Don't let the old person move into your body!

28 Feb Independent living with Julie Holmes

6 Mar Dolls and teddy bear club by Vicki O'Loughlin

13 Mar Volunteering with Glenda Martin

20 Mar Elder care groups with Ann Russell-Brighty

27 Mar Fall prevention with Diane McLaughlin

3 Apr Ferrymead—an overview with Cindy Hay!

For more information please contact Barbara Miller on 03 355 2040 or visit cwea.org.nz.

friendly group. Exercise your brain and have fun. 9:45am Tuesday mornings. Gold coin donation. Bishopdale Community Trust, 100 Farrington Ave. Phone 03 359 1741 for more information.

Social Housie: First Thursdays of the month from 1.00pm. \$2 per session. All welcome, 100 Farrington Ave. Phone 03 359 1741.

SPEAKERS, BOOKS and INFO

Bishopdale Book Club (BBC): Join our friendly group of readers to discuss your favourite books and current reads. There's no set book to read, just come along and join our relaxed and friendly social book chat. Second Monday of the month at 10.00am-11.00am or last Thursday of the month at 1.00pm-2.00pm. Ōrauwhata: Bishopdale Library.

Bishopdale Branch of the NZ Society of Genealogists meets on the 4th Thursday January to November in the Hub, 94 Farrington Avenue, Bishopdale at 7.30 pm. Visitors welcome, \$3 door charge. Contact Lis 03 3543993 or Fran 03 352 5605.

Bishopdale Ladies Club (formerly Probus) Good monthly outings and speakers. Meets at the Bishopdale Reformed Church, 90 Highsted Road on the second Monday of the month February to December at 10.00am. Contact Lyn on 03 359 6387 or Leonie on 03 359 6401 or 027 476 3144.

Bishopdale Toastmasters Club Do you want to develop your public speaking skills, so you can speak confidently in front of an audience? The club meets every Thursday 7.25pm-9.00pm upstairs at Bowls Papanui, 181 Condell Avenue next to Edgar MacIntosh Park. Phone Jess on 03 352 3933 for more information.

Christchurch North Lions Club meets second and fourth Wednesdays of each month at the Papanui RSA at 6.00pm for social activities, a meal and then meeting about future activities to help local communities. For more information, contacts and news bulletin visit www.e-clubhouse.org/sites/christchurch_north. We are always pleased to have new members so if interested contact President Maurice Cribb on 03 352 6942.

JP Clinic: Wednesday 10:00am–1:00pm. A Justice of the Peace will be available to members of the community, to witness signatures and documents, certify document copies, hear oaths, declarations, affidavits or affirmations as well as sign citizenship, sponsorship or rates rebates applications. No charge for this service. Ōrauwhata: Bishopdale Library.

Northwest Branch WEA meets Fridays at Christchurch North Methodist Church, (cnr Harewood Road and Chapel Street) 10.00am-11.30am. Cost \$4. For more information please contact Barbara Miller on 03 355 2040 or visit cwea.org.nz

Northwest ChCh Anglican Church (formerly St John's Parish, Bishopdale): meets for a cuppa and a short service on the first Friday of every month at 10.00am, at Ōrauwhata/Bishopdale Community Hall. All made welcome. Phone Lynne on 03 359 9692 for more information.

NZ Stamp Collectors Club for enthusiasts or beginners. Meet on 1st Wednesday of each month at 1.00-3.00pm at Christchurch North Methodist Church (cnr Harewood Road and Chapel Street). Visitors and new members welcome to buy, sell, swap or just chat. Phone Ross Stanton on 03 359 9815 or Shirley Bone on 03 359 9025.

Papanui Combined Probus Club Join us at the Papanui

Combined Probus Club for interesting speakers, great outings and making new friends. Meetings are on the first Tuesday of the month at 10a.m. at the Papanui RSA,1 Harewood Rd. Good parking. Enquiries: Marie 03 3517708 or Sian 03 3590057.

Rotary Club of Bishopdale Burnside meets on Monday nights 6.00pm-7.30pm for networking, guest speakers and for planning future community projects. Contact David Conroy on 03 358 5555 or check bishopdale-burnside-rotary.com for more information. Don't wait to be asked, we'd love you to be involved.

North West Hikers

The North West Hikers are a group of fun-loving adults who enjoy the outdoors. They meet every week on Wednesdays for a day's tramp, leaving from Bishopdale Car Park at the corner of Farrington Avenue and Raleigh Street.



They have a four month programme, which has a single, combined walk one week and a choice of two walks the following week. When there are two walks, one will be easy and the other will be more challenging.

On the way home, they always like to explore their favourite cafes for coffee. **New members are very welcome.**

For a detailed account of the club and for programmes and photos, visit www.northwesthikers.co.nz, or phone Maureen on 03 352 5473 or 021 141 6260.

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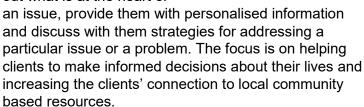
37-39 Bishopdale Court, Bishopdale Phone 359 8302 www.bishopdalepharmacy.co.nz

Volunteer for the CAB

For many volunteers like Bruce, pictured right, volunteering has created a sense of purpose after having been forced to take early retirement due to health reasons

"I was looking for a way to be of help to other people. A lot of volunteer work is physical whereas Citizens Advice gave me a chance to work in an office environment and use my intellect".

Citizens Advice Bureau volunteers support clients by interviewing them to find out what is at the heart of



"One of the things I have really enjoyed is that you don't have to know everything. It's about listening to our clients' stories, looking up information and finding options for them, so they are empowered to do something about their situation," says Bruce.

If you are interested get in touch on 0800 367 222 or manager.cabchch@gmail.com. Our next Induction course for volunteers starts in March 2020.



Thousands of quality, preloved books on sale now at St Christopher's Dove Bookshop

NEW LOCATION: Shop 11b, Bishopdale Mall, next door to the Furniture Warehouse **Phone 03 359 9869**

Also at 29 Harewood Road, Papanui next to the railway line by St Paul's Church.

Monday - Friday 10am to 4.30pm Saturday 10am - 2.30pm Closed on Sundays

Donations of books are appreciated. Pick ups can be arranged.

St Christopher's Community Trust PO Box 79-124, Christchurch 03 358 5505



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- * Open Pure Meditation Evenings
- * Healing & Counselling Clinics
- * Hatha Yoga Classes

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for Self-Realization, Pure Meditation Healing & Counselling

A VERY BIG THANK YOU

to the local businesses who kindly donated gifts for Bishopdale Community Trust's fundraising raffle last year:

★Unichem Bishopdale

★New World Bishopdale

★Dove Books

Published by Bishopdale Community Trust Sundbye Community House, 100 Farrington Avenue, Bishopdale, Christchurch 8053 03 359 1741 / bctrust@xtra.co.nz www.bishopdalecommunity.org.nz FB @bishopdalecommunitytrust



Turkey Beach Productions Digital Printing 125 Williams Street, Kaiapoi Contact: 03 662 9066 / turkeybeach@hotmail.com